

The G-Free Spot

What is The G-Free Spot?

The G-Free Spot is the place where Gluten Free and YUMMY come together beautifully.

Whether you are Gluten Free by choice or necessity, The G-Free Spot has goodies that will keep you coming back for more!

(843) 715-4105

1511 Main Street,
Hilton Head SC

It is our mission to serve only the best Gourmet Goodies and Gluten Free Specialties. In our new location, we are able to maintain a separate gluten free kitchen line, which allows us to focus on crafting an extensive selection of delicious creations that are sure to please the entire family.

100% Guaranteed!

Mon - Fri 9 am - 4:30 pm

Sat. 9 am - 1:30 pm

